This is Jane. She lives in NYC with \_\_\_\_\_\_\_\_\_\_\_\_\_. (Now, they are living in \_\_\_\_\_\_\_\_\_).

Before the coronavirus, before masks and staying home, Jane used to go to Downtown Little School every day. [Parent] used to go to work.

Now, Jane can’t go to school. Now, [Parent] can’t go to work. Jane visits with friends and teachers on the computer. [Parent] has to do work on the computer and on the phone.

It’s confusing when [Parent] says they have to go to work. They are still at home! But [Parent] is doing their work on the computer and that’s what “work” means now.

Jane and [Parent] can make a schedule. The schedule will show when Jane gets to see school friends and teachers. The schedule will show when Jane has to play alone (or with caregivers/siblings etc.) The schedule will show when [Parent] can play with Jane. It can also have things like ipad time, lunch time, dinner time and bedtime. We’ll put the schedule right into this book.

Jane has lots of feelings about staying at home. [Parent] says they have lots of feelings too. Everyone has lots of feelings. It’s a good idea to say what you are feeling! Jane also has lots of questions. [Parent] will try to answer those questions, and we can even put the answers in this book too!